

## Tang- den blå ressource

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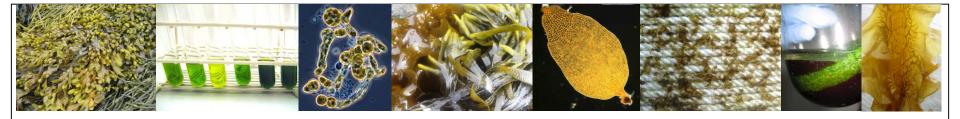
Lektor DTU Fødevareinstituttet

Forskningsgruppen: Bioaktive stoffer- analyse og anvendelse

Leder af Tangnetværket

General Sekretær for den Internationale Tangforening ISA





### Menu

- Introduction
  - A world of seaweed
  - What is a seaweed?
- Applications
- Composition of seaweed- nutraceuticals
- Application of high added value product from seaweed
- Conclusion
- Future biorefineries





### Seaweed / macroalgae

**Seaweed** is a loose colloquial term encompassing macroscopic, multicellular, benthic marine algae. The term includes some members of the red, brown and green algae

#### Differentiated into:

- •Thallus: the algal body
- •Lamina/frond: a flattened structure that is somewhat leaf-like
- Sorus: spore cluster
- •Holdfast: specialized basal structure providing attachment
- •Haptera:finger-like extensions of holdfast anchoring to benthic substrate

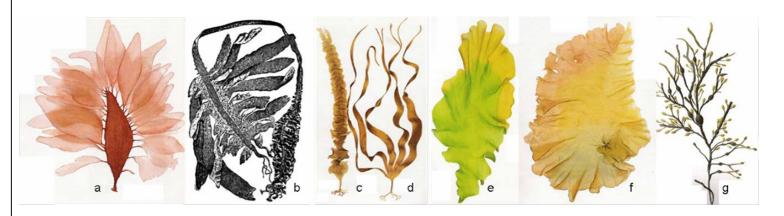
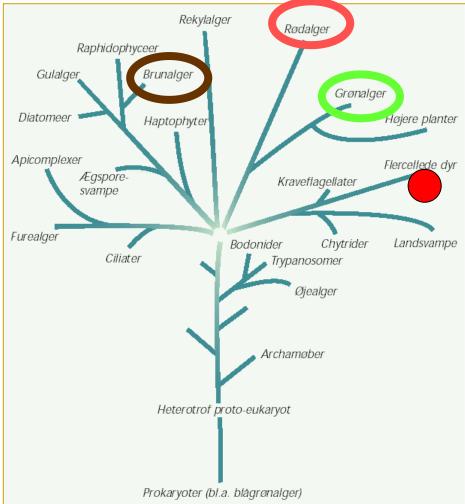


Figure 5. Sketches of some of the mentioned seaweeds; (a) *Palmaria*, (b) *Undaria*, (c) *Saccharina latisima* formerly *Laminaria saccharina*, (d) *L. digitata*, (e) *Ulva*, (f) *Porphyra* and (g) *Ascophyllum* (and <a href="https://www.commons.wikimedia.org">www.commons.wikimedia.org</a>; (Larsen and Hansen 1986).

## Diversity

























No roots- just holdfasts and haptera

Nutrient uptake takes place at the entire thalli

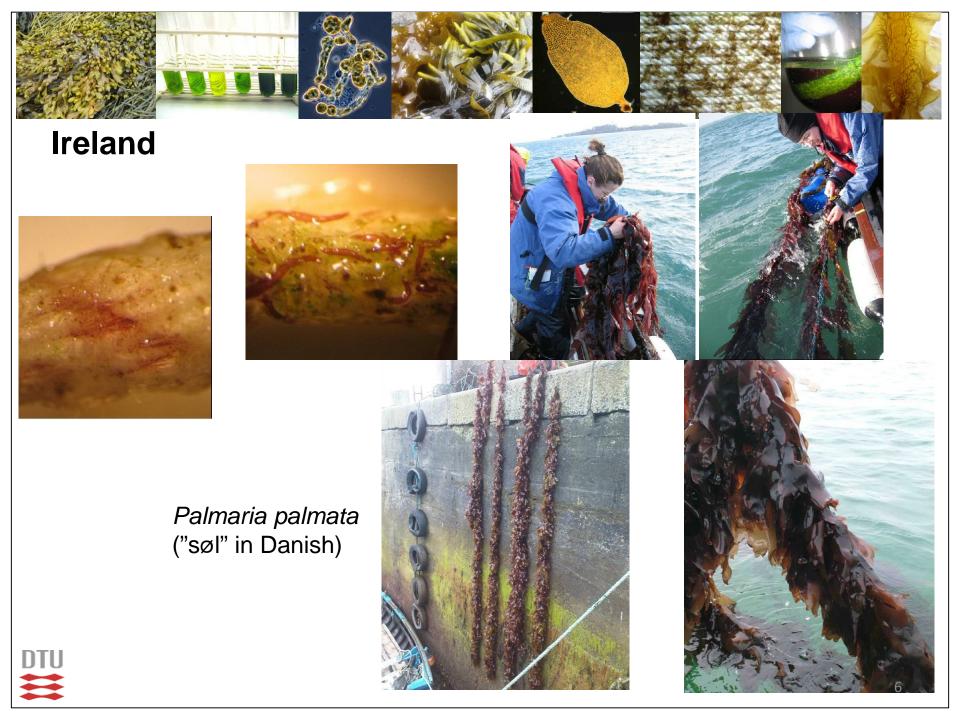
and there is no need for benthic substrate

Cultivate in suspension or on other substrates





Figure 2. (a) Spores from *Palmaria palmata* settled on vinylon string (2 mm in diam), (b) spores germinated in 3 weeks in nursery tanks with added nutrient and aeration and transferred to the field at this stage, (c) harvestable thalli after 4 months of field cultivation (a-c seeded and cultivated by Maeve Edwards). (d-e) Seeded string with *Alaria esculenta* coiled around culture rope and (f) *Alaria* after approximately 120 days culture at sea (Arbona and Molla 2006).











Saccharina latissima (former Laminaria saccharina) ("sukkertang" in Danish)





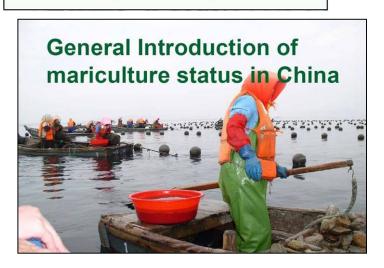
Harvesting of Laminaria japonica (Kombu) in Japan from long lines by boat (Photo: M. Ohno)

#### Cultivation

China knows how!



A Nori farm in Japan. Nets with seeded Nori are placed between a bamboo pole system (Photo: M. Ohno)

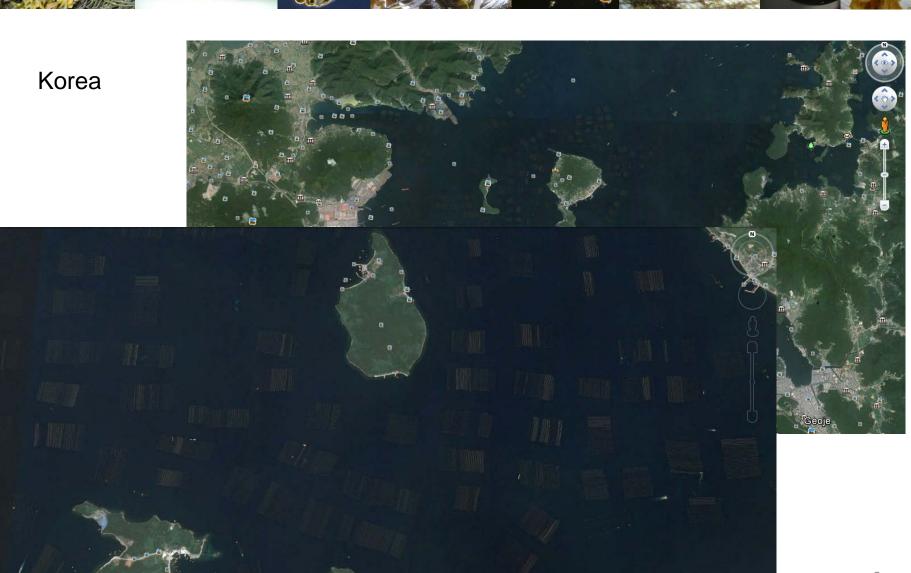






Polyculture in embayments in Yellow Sea region, China J. FANG







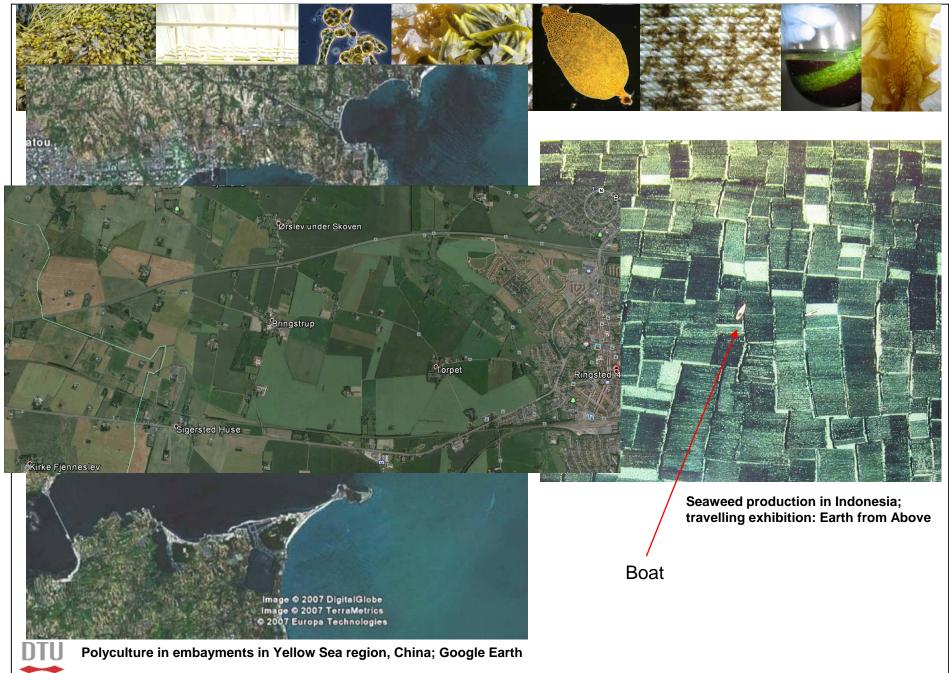


Seaweed production in Indonesia; travelling exhibition: Earth from Above

Boat









### A world of seaweed

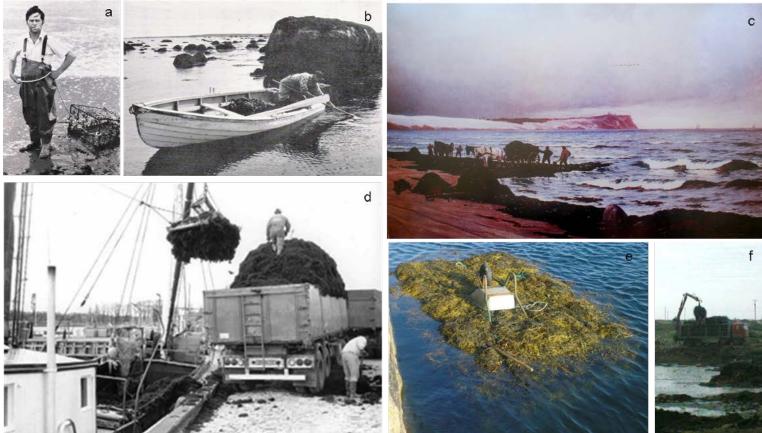
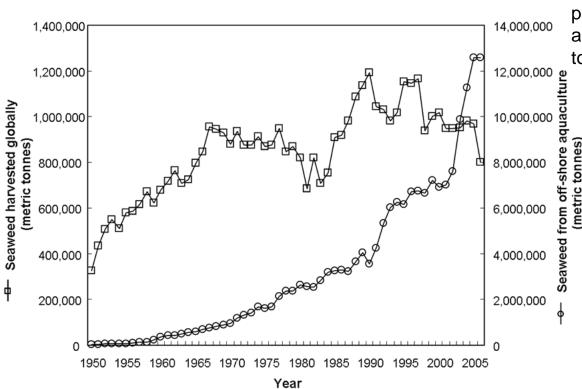




Figure 3. (a) "Storm toss" *Chondrus crispus* (Irish moss) harvester from 1975 (Prince Edwards Island, Canada) equipped with waders and basket to drag through the shallow water at the beach and (b) a typical Irish moss handraker (Pringle and Mathieson 1986). (c) Painting by Carl Locher (1882), Tangsamlere ved Hornbæk Strand (Seaweed collecters at Hornbæk beach, Denmark). (d) natural harvest of drifting populations of *Furcellaria lumbricalis* in Denmark getting loaded on trucks and sold to Litex A/S to extract the "Danish agar" (e) *Ascophyllum* handraked in Ireland 2008 at low tide and bundled to a metric tonnes "climeen" dragged up shore at high tide (wheel barrow upside down on top of the "climeen"), (f) where a lorry drives down to the shore at low tide and picks it up (pictures by Maeve Edwards).





The commercial seaweed production worldwide accounts for 20 % of the total aquaculture production

Figure 3. Globally harvested ( $\square$ ) and cultivated seaweed ( $\circ$ ) in offshore marine and brackish water from 1950-2006 (FAO 2008).





#### **Status**

- Few eat seaweed! More people aware now:
  - Sushi wave
  - Seaweed book, media..... Etc.
  - Seaweed salad in fish stores





- Several Danish seaweed products on the Danish market: Dansk Tang and Nordisk Tang a.o.
- Demand from restaurants especially; NOMA and other restaurants. <u>www.danish-seaweed.org</u>
- Industrial classification code: Food safety, utilization of the raw material, cultivation, recently EU-regulation on organic seaweed cultivation
- Seaweed farms: 2 (Hjarnø Fish farm, Seaweed Societe)
- Dialog with: Ministry of Food, Agriculture and Fisheries:
  - Danish Veterinary and Food Administration
  - The Danish Directorate of Fisheries
  - Veterinary Control Office-Aquaculture Department



### Danish products with seaweed





http://nordisktang.dk/







http://www.anitadietz.dk/<sub>15</sub>







# Cavi:art®

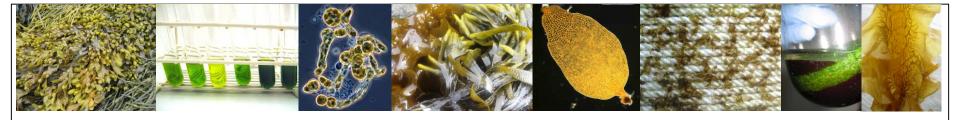












#### Ice cream from Skarø

- Birch juice
- With seaweed (sugar kelp)
- Functional ice cream
- Hospitals







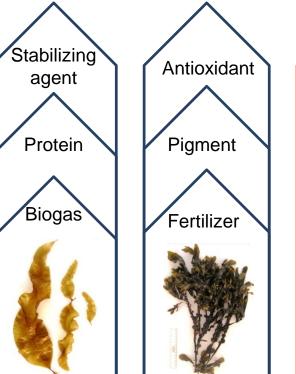




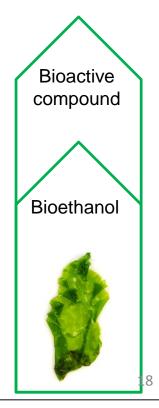
### Future biorefineries- multi extraction of ingredients

Biorefinery- (also) future use of seaweed biomass

- GRAS extraction: possible to extract multiple compounds from same biomass
- Different species (or season) different optimized utilization/biorefinery
- Multiple high value added products and less/no waste











## Seaweed composition

- Difficult to conclude on the contents of the different components as they vary with species, geography, environment, within populations and season
- Proteins: Generally low content: 5-15% of dry weight

Green and red: 10-30%

Palmaria and Porphyra (red): up to 47%

- Polysaccharides: 35-60%
- Lipids: only up to 4%, rich in the omega 3-fatty acids
- Minerals: Na, K, P, Ca, Mg, Fe, I
- Vitamins: Vitamin A, B1, B2, B6, B12, C, D og E



Flavour enhancer = umami



### Minerals & vitamins

Seaweed contain more minerals than any other food. This is mainly due
to the the surface cell wall polysaccharides that freely and selectively
absorb inorganic nutrients from the sea. This also include undesirable compounds.....

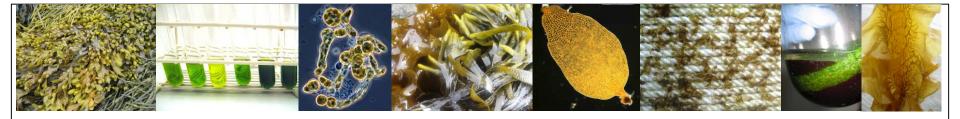
Table 8. Mineral contents in marine algae8)

	Minerals (mg/100g)			Vitamins (/100 g)					
athord area are come a	Na	K	Ca	P	Fe	A(IU)	B <sub>1</sub> (mg)	B <sub>2</sub> (mg)	C(mg)
Enteromorpha compressa (Aonori)	530	3,200	840	740	32.0	12,000	0.56	1.90	40.0
Undaria Pinnatifida (Wakame)	6,100	5,500	960	400	7.0	1,800	0.30	1.15	15.0
Hizikia fusiformis (Hiziki)	1,400	4,400	1,400	100	55.0	310	0.01	0.14	0
Laminaria saccharina (Konbu)	2,800	6,100	710	200	3.9	560	0.48	0.37	25.0
Porphyra complex (Amanori)	120	2,100	390	580	12.0	14,000	1.15	3.40	100.0
Tomato	2	230	9	18	0.3	220	0.05	0.03	20.0
Spinach	21	740	55	60	3.7	1,700	0.13	0.23	65.0
Carrot	26	400	39	36	0.8	4,100	0.07	0.05	6.0
Orange (Valencia)	1	190	20	20	0.1	42	0.01	0.03	40.0



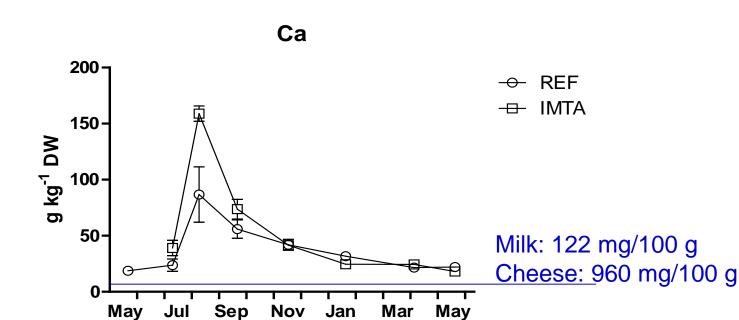
The values refer to the analyzed data of the products which are available in the market.

(Murata and Nakazoe 2001)



### **Trace metals- Calcium**

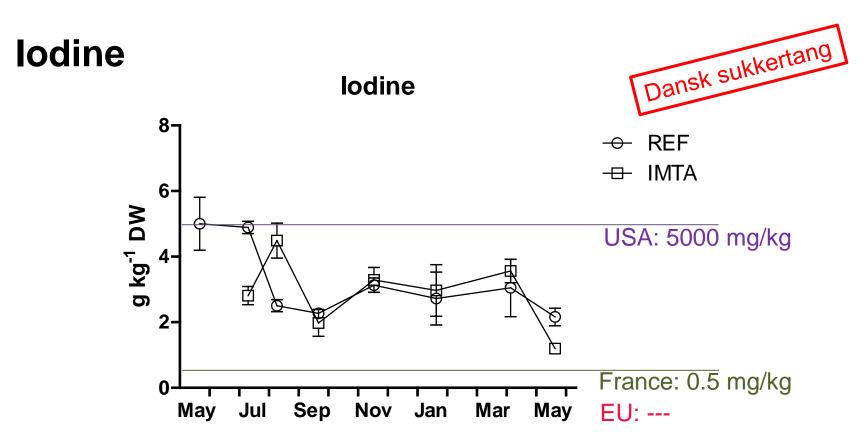






Source: www.foodcomp.dk





Siden år 2000 har det i dansk saltproduktion været lovpligtigt at tilsætte 13 mg jod til hvert kilo køkkensalt og salt brugt i brødproduktion. Kun gourmetsalte er fritaget.

I Polen tilsættes 30 mg jod til hvert kilo salt, og i Sverige 50 mg per kilo (Videnskab.dk)





### Food ingredients- seaweed stabilisors (E407)





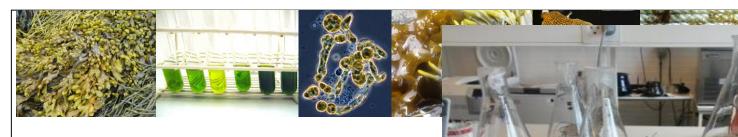












### **Laboratory scale**

Protein extraction with enzymes







Before extraction

After extraction



#### **Pilot scale**

5% protein in this seaweed Protein fraction with 30–35% protein content.





High quality protein?

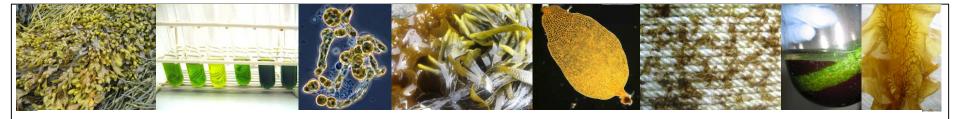












## Polysaccharides

Dietary fibres

<u>Table 5. Polysaccharides in </u>		with characteristics, source and bioact	
	Characteristics	Source and content	Bioactivity
Polysaccharides	Total	Saccharina latissima <sup>a</sup> Sargassum pallidum <sup>b.o</sup>	Antitumor action <sup>a. b</sup> Potent anti-coagulant <sup>c</sup> Decrease in LDL-cholesterol in rats <sup>d</sup> Anti-herpetic <sup>e</sup>
Phycolloids	Algins/alginic acid	Undari pinnatifida *: 24 % † Laminaria digitata: 32 % <sup>9</sup> Laminaria sp. <sup>1</sup> Sargassum vulgare † Ascophyllum nodosum: 28 % <sup>9</sup>	Anticancer <sup>a</sup>
	Carrageen ans	Chondrus crispus <sup>H</sup> Eucheuma cottonii <sup>m</sup>	Antitumor and immunomodulation <sup>1,8</sup> Anti-HIV <sup>1</sup> , but no efficacy on humans <sup>1</sup>
	Agar	<i>Gracilaria</i> sp., Gigartina sp. etc. ™	
Fucoidan ranging from typical fucoidans (major components) to low sulphate-containing hereropolysaccharide-like fucans (minor components) °	Fucan composed of neutral sugars other than fucose and a high content of uronic acid(s)°	Sargassum horneri ° Sargassum vulgare: uronic acid, xylose and fucose accounted for >90 % of total sugars <sup>1</sup> Fucus vesiculosis ° Undaria pinnatifida <sup>p</sup>	Potential antiviral ° Slightly anticoagulant activity ° Anti-herpetic <sup>p</sup>
. ,	Fucoidan=fucan sulphate, containing mainly L-fucose, sulphate, and no uronic acid <sup>o.q</sup>	Laminaria digitata: 5.5 % 9 Laminaria sp. 1 Ascophyllum nodosum 1: 12 % 9 Undaria pinnatifida <sup>p.s.t.</sup> : 1.5 % 1 Fucus vesiculosis ° Eisenia bicyclis 1	Potential antiviral (HIV and HSV) ****** Anticoagulant *** Anti-arteriosclerosis ** Anti-cancer *** Potential antiviral against human cytomegalovirus and avian flue ** Anti-tumor activity ** Inhibits growth of Cryptosporidium parvum in mice **
Mannitol		Laminaria digitata: 13 % <sup>9</sup> Laminaria sp. ¹ Sargassum mangarevense: 1-12 % <sup>∞</sup> Ascophyllum nodosum: 7.5 % <sup>9</sup>	Effectively protects the photosynthetic apparatus from low-salinity damage <sup>6,4</sup>
Laminaran	Branched (soluble) and unbranched (unsoluble) polysaccharide: beta 1-3 beta 1- 6-glucan <sup>8,6</sup> . 84-94 % sugar and 6-9 % uronic acid <sup>4</sup>	Laminaria digitata. 14 % <sup>9</sup> Laminaria sp. <sup>1</sup> : 99 % oftotal sugars <sup>e</sup> Fucus vesicuosis: 84 % of total sugars <sup>e</sup> Ascophyllum nodosum. 4.5 % <sup>9</sup> :90 % oftotal sugars <sup>e</sup> Undaria primatifida 3 % <sup>1</sup>	Only found in brown seaweed a
Phycarine		Laminaria digitata°	Immune system, stimulation of macrophage phagocytosis <sup>5</sup>
Porphyran	Polysaccharide: polymer of acidic saccharide containing sulphate groups, β-1,3-xylan \$	Porphyra umbilicalis: 48 % <sup>g</sup> Porphyra sp. <sup>\$</sup>	Potential apopototic/programmed cell death activity *
Ulvan	Polysaccharide, highly branced polymers of soluble dietary fiber and contain rhamnose, glucuronic acid and xylose <sup>μ.π</sup> . Structurally similar to the mammalian glycosaminoglycans <sup>ω</sup>	Ulva lactuca <sup>™</sup>	Cytotoxicity and cytostaticity, HU colon cell line <sup>©</sup>



a= (Murata and Nakazoe, 2001), b= (Ye et al., 2008), c= (Athukorala et al., 2007), d=(Amano et al., 2005), p= (Ghosh et al., 2009), f= (De et al., 2009), g= (MacArtain et al., 2007), h= (Bartsch et al., 2008a), i= (Dietrich et al., 1995), j= (Yan et al., 2004), k= (Zhou et al., 2006), q= (Matsubara et al., 2007), c= (Nishino et al., 1994), p= (Hemmingson et al., 2006), q= (Matsubara et al., 2007), c= (Marais and Joseleau, 2001), s= (Lee et al., 2004), i= (Maruyama et al., 2007), u= (Yanamoto et al., 1984), v= (Schaeffer and Krylov, 2000), x= (Mayer and Hamann, 2004), y= (Han et al., 2007), c= (Smit, 2004), i= (Bobin-Dubigeon et al., 1997), π= (Michel and Macfarane, 1986)



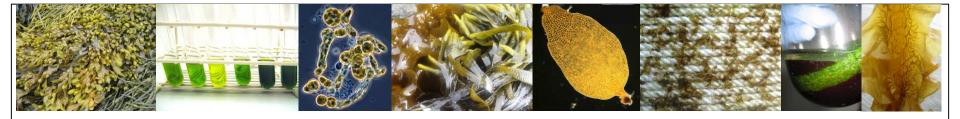
## **Pigments**

- Which pigments do you know?
- Fucoxanthin: pigment/cartenoid from Fucus species (6%)
  - Increased metabolisme (Plaza et al 2008)
    - Anti-obesity
    - Possible up-regulation of UCP1 in BAT (brown adipose tissue)
    - 2% lipids from *Undaria* reduce White AT (g/kg body weight) of mice and rats (Maeda et al 2008)

Table 10. Pigments in seaweeds, source and bioactivity.

Pigments		Source	Effect
Carotenoids	Fucoxanthin Has an unique structure including an unusual allenic bond and 5,6- monoepoxide in its molecule 1,1	Ascophyllum nodosum!: 660 mg/kg dw k Undaria pinnatifida (not destroyd by cooking) l Fucus serratus and F. Vesiculosis! Sargassum siliquastrum!!!	Weight reduction in white adipose tissue in rats and mice with 0.5 and 2 % added to feed 1.1.0 Antioxidant activity P Protective effect on UV-B induced cell injury in human fibroblast P Preventive effect on cerebrovascular diseases I Increase the metabolism I Decreased growth of leukemia and prostate cancer cells I Anti-obesity effect II Reduced blood glucose and plasma insulin in rats and mice I Increased the level of hepatic docosahexanoic acid (DHA) in rats and mice I Inhibits chemical carcinogenesis I





## Lipids

- Low in total lipids (max 4% of dry weight)
- But good quality
- Around 50% omega-3 fatty acids
   (Poly Unsaturated Fatty Acids (PUFA)

- → reduction of
  - -cardiovascular diseases
  - -cerebrovascular diseases (Plaza et al 2008)
- → active against
  - -edema
  - -inflammatories/erythema
  - -blood flow (Khan et al 2007)





### **Proteins**

10-30 % DW

10-47 % DW

5-15 % DW

Soy beans: 35 %

#### Fish feed

- Increased gowth<sup>1</sup>
- Better coloration<sup>2</sup>
- Less need for fish meal

#### Livestock

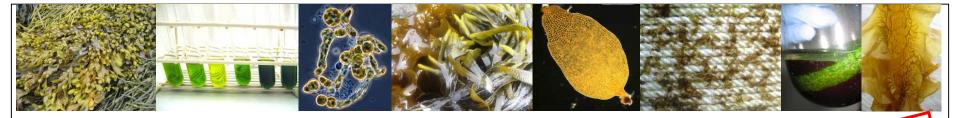
- anti-infectious (weanling pigs)<sup>3</sup>
- Greater weight at birth (sheap) <sup>4</sup>
- Better wool (sheap) <sup>5</sup>
- Greater milk yield (cows) <sup>5</sup>
  - Less landbased area to produce feed





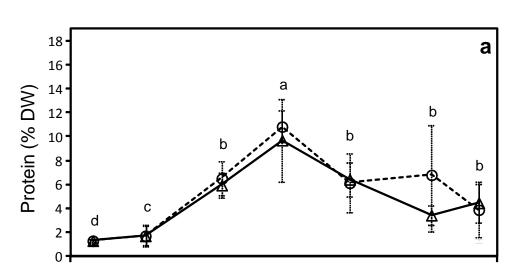


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### Seasonality in biomass composition





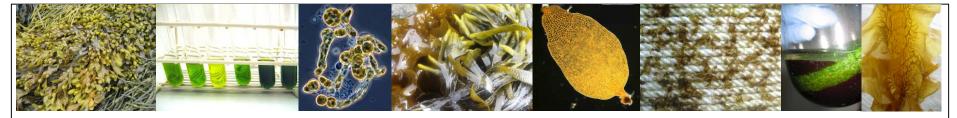
Example...

Protein content varied markedly seasonally.

No significant difference for the tested parameters between the two sampling sites.

The protein concentration varied markedly reaching a maximum of 10.8% DW in November and a minimum of 1.3% DW in May 2013.





### Amino acids

The nutritional value of proteins referred to as "amino acid score" is evaluated based on the composition of essential amino acids. The amino acid score of the proteins of the marine algae ranges from 60 to 100, a value higher than that of the proteins in cereal and vegetables. The amino acid score of proteins in Porphyra was 91 and Undaria was 100

and the same as that of animal foods



Aspartic and glutamic acids dominated the amino acid profile, accounting for up to 49% of the total	7
accounting for up to 49% of the total Dansk sukkertang	

Table 6. Amino acid composition of Porphyra tenera protein:
comparison with ovalbumin <sup>a</sup>

	Composition (g amino acid/100 g protein)			
Amino acid	Porphyra tenera protein	Ovalbumin		
Tryptophan	1.3	1.0		
Lysine	4.5	7.7		
Histidine	1.4	4.1		
NH <sub>3</sub>	5.1	5.3		
Arginine	16.4	11.7		
Aspartic acid	7.0	6.2		
Threonine	4.0	3.0		
Serine	2.9	6.8		
Glutamic acid	7.2	9.9		
Proline	6.4	2.8		
Glycine	7.2	3.4		
Alanine	7.4	6.7		
Cystine	0.3	1.4		
Valine	6.4	5.4		
Methionine	1.7	3.1		
Isoleucine	4.0	4.8		
Leucine	8.7	6.2		
Tyrosine	2.4	1.8		
Phenylalanine	3.9	4.1		
(Total)	(98.2)	(95.4)		

a Data taken from Ref. 6



(Arasaki and Arasaki 1983)



#### Forsøg med ½ kg AgroMix(=new\*add) i ét ton svinefoder..... i DK

### Intensive pig farming

- Intensive pig farming susceptible to many diseases including: trichinosis, Taenia solium, cysticercosis, and brucellosis. Pigs are also known to have a lot of parasitic ascarid worms
- Antibiotics major issue in EU and US, Legislation will demand reduction or total ban in EU and strong emphasis on natural products (Turner et al., 2001)



#### Seaweed as additive known to:

- Reduce enterobacteria, bifidobacteria, lactobacilli and E.coli populations (Reilly et al, 2008 O'Doherty et al, 2010)
- Improvement of pig gut health and increase of iodine in meat (Dierick et al, 2009)
- Antibacterial effect and prebiotic effect (O'Sullivan et al. 2010)
- Reduce scouring/ Diarrhoea (Williams et al, 2001)
- Ammonia reduction (O'reilly et al, 2008)
- Increased weight gain





## Medicin and dietary supplements

- Bioactive compounds
  - Lowering cholesterol
  - Lowering blood pressure
  - Anti-cancer\*
- Omega 3-fatty acids
- Vitamins
  - A, B<sub>1,2,6,12</sub>, C, E
- Minerals
  - iodine









### Examples of investigations on applications

- Undaria / Wakame in pasta
  - Antioxidant properties, due to the content of phenols, lipid composition and fucoxanthins analysed
  - 10 % addition did not change the flavour of the pasta
  - n-3:n6 fatty acids relationship vas 1:3 in the seaweed pasta and 1:15 in the normal pasta
  - Heat from cooking did not destroy the fucoxanthin

(Prabhasankar et al 2009)

#### Undaria in synergy with fish oils in rats

- Analysed the lipid concentration in liver and serum and the enzymatic activity involved in the fatty acid metabolism of the liver
- Reduced concentration of tricylglyceroles in serum and liver
  - Seaweed(19%), fish oil (4%)
  - Greatest reduction was with diet of both seaweed and fish oil
- Synergetic effect between seaweed and fish oil in the enzymatic activity

(Murata et al 2001)





### **Applications**

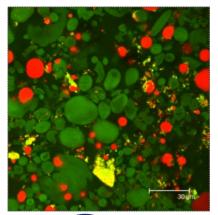
Nordic Seaweed extracts as natural antioxidants

in omega-3 PUFA enriched granola bars



 Oxidative stability
 To investigate the ability of Icelandic F. vesiculosus extracts to inhibit lipid oxidation in fish-oil-enriched granola bars





Microstructure

To investigate whether addition of the seaweed extracts affected the physical microstructure of the oil droplets in granola bars



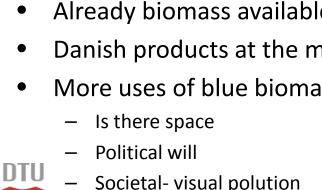
Ditte B Hermund, PhD student, DTU Food, Denmark

Ayşe Karadağ, TUBITAK Marmara Research Center, Turkey Rósa Jónsdóttir and Hordur G Kristinsson, Matís, Iceland Charlotte Jacobsen, DTU Food, Denmark



### Conclusions

- Seaweeds are divers and so are the applications
  - Whole seaweed- ingredient
  - Specific compounds
  - More than one compound from same biomass
  - Different composition depending on season
- Bioactive effects are proven scientifically and present research
- Already biomass available worldwide
- Danish products at the market
- More uses of blue biomass- demands more large areas at sea
  - Societal- visual polution







## Why eat seaweed?

Taste good: Different taste and also used as flavour enhancer

Healthy: Low in calories, low in fat, high in sugars (but dietary fibres), antioxidants

High content of vitamins and minerals



Health effects (scientifically): anti-cancer, anti-virus, lower the risk of cardiovascular diseases etc.

Easy: Dried and long shelf-life. Collect yourself



Beautyful: Sprinkle as decoration or build in....



### Danish Seaweed Network

#### Tang som food og non-food

Invitation til tangnetværksmøde mandag d. 23. marts kl. 16 DTU Agua

Søltoft plads bygning 221, lokale 237 (2. sal) 2800 Kgs. Lyngby

Præsentationsrunde af fremmødt

Tang i køkkenet Ole G. Mouritsen Forfatter og professor SDU

Dansk tang i helsekost

Torben Sønnichsen

Den gode kemi i tang Susan L. Holdt

Plantestoffer og Sundhed

Hvad arbeider de med på Institut for Kemi-, Bio- og Miljøteknologi, SDU

ca. 18.00 En lille anretning og snak

420 members from industry, universities, restaurants, organizations, or persons that work with or have interest in seaweed

The network group started in winter 2008

Meetings and newsletters



#### Midler til Tangnetværket

Levnedsmiddelcentret (LMC) har givet midler til at tangnetværket styrker netværksarbejdet, formidling, møder, temadage osv. indenfor området hvor tang anvendes som fødevare.

Styregruppen fra AU, SDU samt DTU planlægger næste netværksmøde mandag d. 31. maj i Odense og har temadage på Samsø i tan"g"erne til sensommer.

Regelsættet (EU's Økologiforordning) er på plads og det er vedtaget, at det er Sektion for Akvakultur i Vejle, der skal

arbejder med alger og forsøger at bringe den entusiasme videre, der var Lisbeths Ære være Lisbeths minde.

Michael Bo Rasmussen og andre, AU

#### Kommende netværksmøde

med en varm tanke til Lisheth. Det var også Lisbeth, der lærte os, at hænderne i en spand med iskoldt

for at vende fingere til kulden, når der

skulle sorteres alger på en kold tidlig forårsdag. Lisbeth utrolige og smittende

gnist for sit fag og sine alger er en af

Så er det næste tangnetværksmød fastsat til mandag **d. 31. maj** kl. 15 på Syddansk Universitet i Odense. Temaet og invitationen følger.

#### Sexet tangmad

Den irske læge Prannie Rathigan har formået at gøre tang sexet, som en af hendes anmeldere siger. Hun har ligesom vores danske Ole G. Mouritsen (der har skrevet bogen: Tang-grøntsager fra havet) været nomineret til flere fornemme kogebogsprise

Tilmelding til Susan senest ons. d. 18. marts

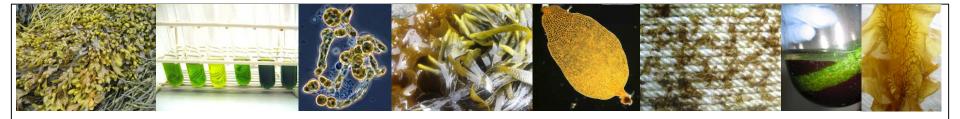








og det brede publikum.





Interested in macroalgae?

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or

www.tangnet.dk

